



## **Frozen River Trek Zanskar (Ladakh) – 15 or 25 days**

Trans-Zanskar winter trek with Buddhist Festival

**Tour JTT-LWT01:** Delhi - Leh – trekking – Leh - Delhi

Trekking through wintry Himalayas is an experience that is hard to beat. Those who have done it, hoard a well-kept secret: it is a fantastic, mesmerizing experience. On this trek we throw in an extra element: frozen rivers. Most of the time we walk on the ice of the Zanskar River and other large streams.



This means the trek entails relatively little climbing, making it quite doable for experienced walkers. Obviously, this is not a tour for people with cold feet.

Some pictures can be seen here:

<https://www.facebook.com/media/set/?set=a.481292518581948.112616.361784520532749&type=3>

Fixed departure dates for group tour:

Jan 29 – Feb 16, 2018 (short version)

Feb. 2 – 26, 2018 (long version)

For parties of 4 persons or more 'individual' tours can be arranged.

### ***Itinerary***

#### **Day 01: Arrival Delhi**

At Delhi Airport you will be received by our representative and taken to your guesthouse not far from the airport for overnight stay.

#### **Day 02: Flight Delhi - Leh**

Early morning fly for an hour from Delhi to Leh. Generally we fly over the spectacular views of the snow-clad Himalayas. On a clear day the Karakoram can be viewed as well.

After reaching Leh, you'll be transferred to a charming family-run guesthouse just outside Leh. The rest of the day you're advised to take it easy to allow the body to get used to the altitude. You can either rest at the guesthouse or stroll leisurely through downtown Leh (transport available).



### Day 03: Leh

Day spent in and around Leh. As it is still wise to avoid exertion we shall only make short walks in and around Leh. You will get your first taste of the colorful and fascinating Tibetan Buddhism on a visit to some monasteries near Leh, including the small but picturesque *gompa* (monastery) of Sankar.

Please note: also on the individual tours you will be shown a Buddhist festival, if the dates coincide.

Dinner and overnight at the guesthouse.

### Day 04 - 13 (long version: 04 - 23): Ice trek

After breakfast jeeps will take us to the beginning of the trek (2-3 hrs drive). After arranging our luggage by our porters we'll start off on the ice.

On the short trek we'll walk to the isolated area of Zanskar





over the ice, rest for a day in a small village and then walk back. The route back will be largely the same as the way up.

On the long version we traverse Zanskari from south to north along a unique route, most of the time following rivers and walking on the ice. So there is no back-tracking, as there is on the short version. After covering some serious distances, we reach some very isolated Zanskari hamlets, where one can encounter the track of snow leopards and wolves.

It takes two days in jeep to get to the starting point. Accompanied by the Zanskari porters we'll walk, slide, slip and shuffle through a wintry wonderland till we get off the ice again, 17 days later, not far from the Indus Valley in Ladakh. In between there are several hidden monasteries and small villages. During the trek we rest for two days, which also serve as a buffer in case we get behind on schedule.

During the jeep trip from Leh to the starting point (long version) of the trek and during the trek itself we will camp, on the resting days it is possible to stay with a Zanskari family.

#### **Day 14 (long version: 24): Leh**

On this day we will be attending a colourful Buddhist Festival. On the short version of this tour this will be the Dosmochey Festival, at either



Leh or Likir Gompa. On the long version of the trek we will visit the Stok Guru Tsechu at Stok.

### **Day 15 (long version: 25): Flight Leh – Delhi**

After breakfast transfer to the airport to board the flight to Delhi, where the tour ends.

### ***Tour Price – group tour***

#### **15 days/ 10 day trek**

Jan 29 – Feb 16 (10-day trek)

Group size 6-10 pers.

INR 137.000 (€ 1875, \$ 2085) pp.

Single supplement: INR 27,500 (€ 375, \$ 420)

#### **25 days/ 18 day trek**

Feb. 2 – 26 (18-day trek)

Group size 6-10 pers.

INR 232.000 (€ 3180, \$ 3530) pp.

Single supplement: INR 31,000 (€ 425, \$ 470)

### ***Tour Price – individual***

#### **15 days/ 10 day trek**

For 4 & 5 pers.: INR 137,000/ € 1875/ \$ 2085 p.p.

For 6 - 8 pers.: INR 111.000/ € 1520/ \$ 1690 p.p.

For 9 & 10 pers.: INR 105.000/ € 1440/ \$ 1600 p.p.

Single supplement: INR 27,500 (€ 375, \$ 420)

Prices are non-commissionable.

Above tour price is on current rates only. Tour price may rise in case of air ticket price hike as well.

*Price includes:* pick-up from Delhi/Int. Airport on day 1 and drop to hotel/ Int. Airport on day 15/25, one night in Delhi in excellent guesthouse on day 1, flights Delhi – Leh and Leh – Delhi, all transfers in Ladakh, all accommodation in Ladakh (twin sharing guesthouse, home stay and tent), all meals (day 02 breakfast till day 15/25 breakfast), English speaking local escort throughout, fuel and driver allowance, entry fee at Hemis High Altitude N.P., government tax.

Group tour: professional western tour guide (speaking English, Dutch, German and Spanish)

*Price excludes:* international air fare, sleeping bag and warm outdoor clothes, tips, laundry, alcohol, insurance and any other expenses of personal nature.

### ***Extension of programme***

It is very well possible to extend your stay in Ladakh with a number of days. Also, if you want to do sight-seeing in Delhi we can arrange that. Apart from regular car-based sight-seeings we can also arrange bicycle tours through Old Delhi, a delightful and safe way to explore the buzzing maze of alleys of this ancient place. Trips further afield, for instance to Jaipur or Agra, site of the famous Taj Mahal, can be arranged as well. Please contact: [info@jantreksandtravels.com](mailto:info@jantreksandtravels.com).